## Handout: Treatment Settings, Services, and Locations

<table>
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<th>Setting</th>
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| Outpatient treatment         | 1-8 hours per week  
Pharmacotherapy, health and psychosocial individual and group therapy; case management; drug testing | Freestanding facility  
Hospital  
Community based health or social service agency | Levels of intensity and frequency vary, depending on treatment needs |
| Intensive outpatient treatment | 9-70 hours of treatment per week (8-10 hours/day) to patients who do not live onsite  
Group therapy, medical and psychosocial therapy, pharmacotherapy, relapse prevention training, individual counseling, family involvement, withdrawal management; case management; drug testing | Community based agency  
Homeless shelter  
Jail  
Prison  
Hospital | Weekend and/or evening programs may be available for working individuals. |
| Residential treatment        | 24-hour care and/or support for clients who live on premises  
Structured individual and group therapy, pharmacotherapy, stringent behavioral norms and expectations, and increasing task responsibility to accomplish with associated privileges; drug testing | Therapeutic Community:  
Live-in facility  
Freestanding facility  
Component of correctional facility | Therapeutic Community:  
Professional staff and group leaders (often program graduates) |
| Therapeutic community        | Shared sense of responsibility, loose structure, and emphasis on support and rehabilitation | Transitional Living:  
Small, home-like settings; may include quarterway and halfway houses and extended care facilities | Transitional Living:  
Some have professional staff and offer formal treatment; others provide only peer support |
| Transitional living facility  |                                                                                                             |                                               |                                                                                           |
| Inpatient hospitalization     | 24-hour services for:  
- Short-term detoxification  
- Medical and psychiatric crisis management  
- Psychosocial rehabilitation  
- Combination of above | General medical hospital  
Psychiatric hospital  
Freestanding addiction treatment program facility | Stringent safety measures and monitoring, especially for clients who may harm themselves or others |

Adapted from: Landry, 1995